**Meditative Moments**

at the Foxes,

On **Friday**, **March 5** at **7.30pm**

Theme:

**HOPE**

Approximately 30 minutes of readings on the above theme interspersed with music, followed by discussion.

If you wish you may bring a reading, poem or short story relating to the theme to share - and by all means bring a friend.

Join Zoom Meeting

<https://us02web.zoom.us/j/82382190176>

Meeting ID: 823 8219 0176

Passcode: **060332**

**All welcome**

**It is difficult to say what is impossible, for the dream of yesterday is the hope of today and the reality of tomorrow.**  *Robert H. Goddard*