

# Community News Sheet

Update on community issues

October 2019

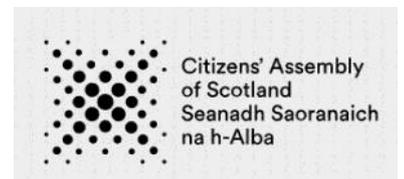
## Welcome

Welcome to the October edition of Stirling Council's Community News Sheet. This is a free news sheet from Stirling Council's Community Engagement Team which includes a variety of information gathered from different sources and organisations that we hope groups and communities will find useful. We endeavour to ensure all information is accurate and up-to-date. We can also include information about community activities and topics, please feel free to email us any contributions.

If you have any questions or would like to know more, please contact us: [communityengagement@stirling.gov.uk](mailto:communityengagement@stirling.gov.uk)

## Citizens' Assembly of Scotland

The Scottish Government have set up a Citizens' Assembly for Scotland which will take place over the next six months. Made up of 100 members of the public, the Assembly will hear from experts and campaigners from many disciplines and from across society to learn, consult, and discuss ways forward on complicated topics.



The Assembly will operate entirely independently of Government and in accordance with the design principals that have been published. The deliberative sessions will be live streamed and evidence published.

A citizens' assembly is a group of citizens who are selected at random from a cross-section of the population to learn about, deliberate upon, and make recommendations on often difficult issues. Citizens' Assemblies have been used in Ireland, Canada, Australia, Belgium and a number of other countries, and have been used within the UK. The Scottish Government has also undertaken exercises along similar principals to inform policy – for example, Social Security User Panels and the Citizens' Forums on attitudes to Agriculture.

The Assembly is coming together to address the following 3 questions:

- What kind of country are we seeking to build?
- How best can we overcome the challenges Scotland and the world face in the 21st century, including those arising from Brexit?
- What further work should be carried out to give us the information we need to make informed choices about the future of the country?

For more information on the Assembly visit

<https://www.citizensassembly.scot/> or follow the Assembly on Twitter [@CitAssemblyScot](https://twitter.com/CitAssemblyScot)

## The Scottish Government Code for the Third Sector

A Scottish Governance Code has been created for the third sector, by the third sector. It is a statement of best practice and has been developed by Scotland's Third Sector Governance Forum following consultation with over 250 individuals and Organisations.



Scotland's Third Sector Governance Forum brings together individuals and organisations with knowledge and expertise in governance issues. We are a small group of people with a big ambition to improve governance in the third sector.

Further information is available by following the link -

<https://governancecode.scot/wp-content/uploads/2018/11/Governance-Code.pdf>

## Training Opportunity



Stirlingshire Voluntary Enterprise

### The Essential Trustee - What you need to know? What you need to do?

Stirlingshire Voluntary Enterprise are delivering a workshop during Trustees Week on Friday 8<sup>th</sup> November at 10:30am to 1:30pm.

**Aim: To understand the general duties and responsibilities of a charity trustee under the Charities and Trustee Investment (Scotland) Act 2005**

Objectives

- To understand the definition of a trustee
- To understand what is expected of a trustee in terms of conduct
- To gain an understanding of trustees duties and responsibilities
- To be aware of the rules on charity trustee remuneration

This workshop is suitable for new trustees, those wishing to become trustees and long standing trustees who wish to find out more about their duties and responsibilities in terms of the governance of charities. Good governance is about more than ticking boxes and ensuring you have the right policies and procedures in place. It's also about culture, behaviour and leadership. It's about how trustees make decisions, how well they understand their organisation and why it exists. If you have good governance in place your organisation will grow and flourish. This workshop aims to get you started in this process.

To **book** your free place visit

<https://www.eventbrite.co.uk/e/the-essential-trustee-what-you-need-to-know-what-you-need-to-do-tickets-63326678801>

Participants will be updated with the workshop venue nearer the time.

## BETTER BREAKS 2020 Funding Programme

**£1.1M funding for short breaks projects for disabled children & young people (aged 20 and under) and their carers: APPLY NOW!**



The [Better Breaks](#) programme provides **12 month grants** to third sector organisations to develop and deliver short breaks projects and services for **disabled children and young people** (aged 20 and under), and their **carers** (adult carers and/or young carers).

The Better Breaks programme funds a wide range of short breaks projects and services, including activities and breaks for:

- disabled children and young people without their carers
- families to enjoy together
- carers (adult/parent carers and/or young/sibling carers) without the child or young person they care for.

Short breaks projects and activities can include **breaks away** (including overnight stays and residential breaks), **days out**, and/or **shorter sessions** (including regular activities).

To be eligible for Better Breaks funding, projects **must** be able to evidence how their activities will benefit **both** disabled children and young people **and** their carers, by providing a break from their normal routine.

**A total of around £1.1 million is available. Grants are for one year (April 2020 – March 2021).**

[For full details, click here](#)

## “Things fall apart”



### Access to holiday activity provision for disabled children and their families

Research in six Scottish local authorities, commissioned by Shared Care Scotland, has confirmed that disabled children can struggle to get the fun, social contact, and informal learning that their non-disabled peers get during holiday periods. As one parent put it...

"This (local support agency) is the only place that I can find in the local authority that has something on during the summer that is suitable for him, and has staff that are trained who can support him and know him. Just because school's finished at the end of June, everything else should carry on. Because basically their lives are nothing for six or seven weeks. Things fall apart."

The preliminary research also revealed the wide-ranging negative impact on other family members. A local disability agency commented on the direct economic effect.

"We have parents who have no other childcare options because of their child's autism or disability. And therefore we have parents who take unpaid leave over the summer. They can't work or can only work part time."

By contrast, the benefits of imaginative provision can pay huge, year-round dividends. One support worker said:

"We've had feedback from parents that the transition back to school has been easier for their children, because they've had a routine through the holidays. They've had that structure and so they haven't had six or seven weeks just sitting in their room."

In order to build up a **national picture**, SharedCare Scotland are launching with Simon Jaquet Consultancy **three national surveys** to research the scale, nature, and delivery of holiday activity provision for disabled children and young people across Scotland. This work will support future efforts to improve policy and practice, and the targeting of resources.

1. A survey for **disabled children and young people aged 5 to 18** will provide a vehicle to hear the voices and views of young people. Can be found at: <https://www.surveymonkey.co.uk/r/HHT6ZCY>. Young people are encouraged to complete the online survey, with support from mum, dad, a teacher or a support worker.
2. **Parent carers** have the chance to complete their own survey at <https://www.surveymonkey.co.uk/r/HVRBYY7> this will build up a unique national picture of the experiences of parent carers and the challenges they face.
3. In order to understand how **support agencies and local service providers** attempt to offer activities, programmes, and support to families for disabled children and young people, a third survey plans to gather their views. This is at <https://www.surveymonkey.co.uk/r/TZPGM6N>
  - The **nature and quantity of holiday activity programmes** available to disabled children and young people;
  - **Other leisure and recreation activities** experienced by children and young people, and their preferences for future activities;
  - The **experiences of parents and carers** in being able to access suitable holiday activity programmes; and
  - **Practical solutions** that could help overcome the challenges identified and improve quality, choice and availability.

The surveys can also be easily accessed from Shared Care Scotland's website via this shortened link:

<https://bit.ly/2IDamTu>

## Leadership – time to stop and think?

As a follower of current affairs, you might recently have been questioning the very nature of our national and international leadership. Have any of today's leaders stopped to think about it? .



The Social Enterprise Hub in the Loch Lomond and The Trossachs National Park offers you the opportunity to do just that : to stop and think about leadership.

How can your leadership make a difference in your own organisation and what would it take for you to step up confidently and comfortably to the challenge?

If you are a local leader - a director, trustee or founder of a social enterprise or community organisation.

Join the Community Partnership for Leadership in Community Based Organisations at the **Balquhider Village Hall** on **20 and 21 November 2019**. Alongside other people in similar roles and in the splendour of the National Park, explore what it means to develop a *growth mindset* and "*bold and brave*" leadership. Take the opportunity to do some theoretical and strategic thinking and to develop tools that will enable you to lead more confidently. And then take a moment to consider where you want to go next on your own leadership journey.

Delivered in partnership with the Social Enterprise Academy, this programme is fully funded and at no cost to participants.

For more information about the programme and to book a place visit:

<https://www.socialenterprise.academy/scot/whats-on/leadership-in-community-based-organisations-681>



Here are some other events that may be of interest

Date	Venue	Title	Who is it for?
11 <sup>th</sup> & 12 <sup>th</sup> December 2019	Callander	<b>Community Assets :</b> the Good, the Bad and the Ugly	Anyone involved in a community organisation or social enterprise who is looking to develop a new enterprise or commercialise a business involving an asset.
29 <sup>th</sup> 30 <sup>th</sup> January 2020	Kinlochard or Criarlarich	<b>Place Making in the Park:</b> How to make planning work for your community	Anyone whose role in their community involves them contributing to "planning" - Community Action Planning, Community Planning Partnerships, reviewing planning applications, local development planning – and who want to explore the context, expectations and skills they need to contribute effectively. While learning will highlight areas of the Loch Lomond and the Trossachs National Park, participants are invited from all areas.

All programmes are fully funded and at no cost to participants.

To receive further information or to reserve a place, please contact

[Fiona.Paul@lochlomond-trossachs.org](mailto:Fiona.Paul@lochlomond-trossachs.org) 01389 727762

## 16 Days of Action - 25 November to 10 December 2019

The annual campaign 16 Days of Action starts on 25 November 2019. This campaign raises awareness to end violence against women and girls around the world. Themes this year include coercive control and the new Domestic Abuse (Scotland) Act 2018 .

A series of events have been organised starting with the **Coercive Control and Domestic Abuse Conference** on Monday 25 November. For information and to book visit <https://www.facebook.com/events/536602763839473/>

If you would like more information about holding an event yourself, raising awareness or what you can do to support the campaign, contact Ali Ryan on 01786 233862 or [ryana@stirling.gov.uk](mailto:ryana@stirling.gov.uk).

### The Meadows

The Meadows opened on 1 April 2019 and is a dedicated facility, providing a multi agency service for children and adults who have experienced rape and sexual assault. By putting all the services needed to respond under one roof; healthcare, police and therapeutic support will be delivered from one place, providing a co-ordinated approach in supporting children and adults to recover from trauma.

The Meadows was developed to deliver on the Scottish Government's commitment to remove Forensic Examination Suites out of Police Stations and into NHS Health premises. Significant work was completed to ensure this local NHS facility been designed to meet the needs of our diverse communities.

In the design and location choice, there was active involvement of all partners including the Regional Police Care & Forensic Services, Police Scotland, Dementia Services , Learning Disability Services, Rape Crisis, CEA, Women's Aid and most importantly Survivors.

The NHS Forth Valley Gender-Based Violence team consists of a Gender Based Violence Lead and a Gender-Based Violence Nurse Adviser, who facilitates continuity of care and service. The after care is actively person centered with the aim being that the care is led by the survivor.

You can contact The NHS Forth Valley Gender-Based Violence (GBV) team on:  
Tel: 01324 574366 / 574368 Email: [FV-UHB.themeadows@nhs.net](mailto:FV-UHB.themeadows@nhs.net)



You are cordially invited to:

# Stirlingshire Voluntary Enterprise Ltd

## Annual General Meeting

on Monday 4th November 2019, 11.45am for 12noon start  
Venue: McNeil Room, The Barracks,  
Forthside Way, Stirling FK8 1QZ

After the AGM you are welcome to stay for refreshments and a tour around the new Barracks conference facility

Please confirm your attendance by email to [traceynicholson@sventerprise.org.uk](mailto:traceynicholson@sventerprise.org.uk) or through [Eventbrite](#)

Stirlingshire Voluntary Enterprise Ltd is a registered Company Limited by Guarantee SC387876  
and a registered Scottish Charity SC041875



## Community Grants and Community Pride funding – small grants up to £1500

### Money still available this year 2019

Stirling Council's small grants up to £1500 are very flexible grants programmes that will cover all sorts of revenue and equipment costs to support your community organisations to deliver activities, services and opportunities for the benefit of their local people. Open to community groups, voluntary groups, charities and social enterprises – there are just 3 rounds left this financial year, deadlines:

- **12 November 2019**
- **7 January 2020**
- **4 February 2020**

Get your applications in now whilst there is still funding to help you deliver your community projects.

Some recent successful applicants include Volunteering Matters who secured £1121 to get a volunteer handyman service set up in Stirling's rural south west; £1500 to Fintry Museum Society to create a web-base for their historical and heritage stories, photographs, documents and tales of rural life; Allan Park South Church £774 towards setting up an after school Lego club for primary school children and their parents/carers; £500 to Central Scotland African Union towards raising mental health awareness, knowledge and understanding; Bridge of Allan Community Council £1500 towards accessible play equipment for a local play park, Stirling Arthritis Group £350 for a coach outing for their 29 members and Strathblane Tennis Club (pictured) were awarded £500 towards plumbing and piping work on their premises.



For more information visit

<https://www.stirling.gov.uk/community-leisure/support-to-communities/community-grants/>

Or contact Jean Cowie on [cowiej@stirling.gov.uk](mailto:cowiej@stirling.gov.uk) 01786 233143



## Crowdfund Stirling

### Providing match funding up to £2500 for campaigns that promote economic development and meet fund criteria

Crowdfund Stirling has been operating for the past 12 months and has supported 7 projects to help stimulate growth in the local economy. Projects have included supporting new start-up businesses and social enterprises including; Weigh Ahead a new zero waste shop in Dunblane, that crowdfunded for the shop fit out; The Dunmore Weaver who have set up a weaving studio in Creative Stirling that offers weaving courses for all but also focuses on supporting those affected by trauma and loss.

Other projects have included supporting events to increase their numbers and reach, especially around overnight visitor market, this has included Stirling Photography Festival and Callander Jazz and Blues Festival. Strathfillian Community Development Trust also crowdfunded to meet a gap in funding to deliver a feasibility study for a Bike Skills Park, which could become a new tourism attraction for the area.

To get advice and support on how to create a successful crowdfunding campaign please get in touch with Crowdfund Scotland to access their free advice and book an appointment with an advisor:

<https://www.crowdfunder.co.uk/programmes/crowdfund-scotland>

If you'd like to access match funding from Crowdfund Stirling, check out the criteria on our website below to see if you're eligible. <https://www.crowdfunder.co.uk/funds/stirling>

Crowdfund Stirling can match fund 50% of your target, with a maximum grant award of £2,500. To apply to the fund, create your project on [crowdfunder.co.uk](https://www.crowdfunder.co.uk) and click on the "Extra Funds" button and you'll find Crowdfund Stirling detailed here.

If you'd like more information or would like to discuss a specific project then please contact:

Sarah Phillips, Economic Development Officer, 01786-233156 [phillips@stirling.gov.uk](mailto:phillips@stirling.gov.uk)



## Funding to improve support for people affected by alcohol and drug use



The second round of the Scottish Government Misuse Challenge Fund (managed by Corra Foundation) is now open to applications from Alcohol and Drug Partnerships and Integrated Authorities, working with partners to explore new ways of working.

The fund will support preventative approaches to harm caused by alcohol and drugs. It will aim to break down the barriers that get in the way of people accessing support so that they get the right support at the right time.

The fund reflects the rights based approach set out in Scotland's strategy (*Rights, respect and recovery*) to improve health by preventing and reducing alcohol and drug use, harm and related deaths. As part of this, proposals to the fund will be reviewed by a panel of people with lived experience of alcohol or drug use, with their expertise informing final funding decisions.

In the first round of the Challenge Fund, 25 projects received funding totalling approximately £1.3million. A total of around £1.2million will be available in current round **2019/20**.

Proposals for the current round should clearly identify with one of the priority areas:

### Getting Ready for Change:

- Developing an understanding of how an Alcohol and Drug Partnership (ADP) and partners contribute to providing healthier and safer environments.
- Engaging communities in democratic approaches to preventing harm.
- Supporting children, young people, parents and families.
- Wider determinants of health and wellbeing that influence alcohol and drug use.

### Implementing Change:

- Implementing systemic change that supports a recovery-oriented approach which reduces harms and prevents deaths.
- Implementing systemic change that results in people having improved access to and benefitting from effective, integrated, person-centred support to achieve their recovery.

Implementing systemic change that supports children and families affected by alcohol and drug that improves their safety, health, inclusion and support.

Corra Foundation is able to provide support to applicants in the shaping of their proposals.

The involvement of people with lived experience in the shaping of projects is key.

**The closing date for applications is noon on Tuesday 17 December 2019.**

For more information - please visit <https://www.corra.scot/grants/challenge-fund/>

If you are receiving this News Sheet you are part of the Community Engagement Team's mailing list. We collect, use and store your information in order to support the community development needs of you and your organisation.

Your information will be kept secure and not shared with other Council services or Partners. You have various rights with respect to your personal data, including the right to access a copy of what we hold about you; have it changed or removed. If you no longer wish to receive this information, please contact the Community Engagement Team on 01786 233076 or email [communityengagement@stirling.gov.uk](mailto:communityengagement@stirling.gov.uk)

# Walk, Cycle, Live STIRLING



## How would you like to travel around Stirling ?

Where?

**The Albert Halls (Lesser Hall)  
Dumbarton Rd, Stirling, FK8 2QL**

Walk, Cycle, Live Stirling will make walking, cycling and wheeling more accessible, pleasant and safe along two routes through Stirling.

When?

**26th November 2019**

For more information about the project, visit :  
<https://walkcyclelivestirling.commonplace.is/>

Drop in & meet the project team between  
**12.30-7.30pm**

The venue has level access and an accessible toilet. Need support to attend? Please email:  
[walk-cycle-live@stirling.gov.uk](mailto:walk-cycle-live@stirling.gov.uk)

Food, drinks and activities provided for all ages!



# YOUR VOICE MATTERS. LET US LISTEN.



**Have you experienced domestic abuse by  
a partner or ex-partner?**

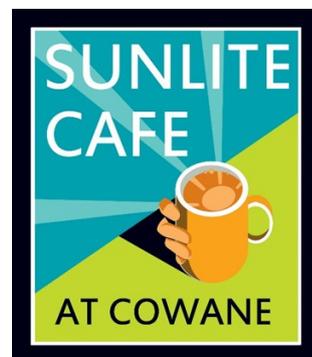
**We want to hear from you.**

We're asking - what did you need in those moments? What made a difference to you? How can we make sure that those who need help get the right help at the right time?

**TAKE THE SURVEY**  
**SCAN THE CODE BELOW OR VISIT:**  
**[SAFELIVES.ORG.UK/WHOLE\\_LIVES\\_SCOTLAND](https://safelives.org.uk/whole_lives_scotland)**



# Let's Make it Better @ the Sunlite cafe



EATING WELL FOR OLDER ADULTS

Afternoon tea/lunch  
every Thursday 12—2pm  
low cost, good company, good  
food, and good fun

£5 per person

Soup, sandwiches,

scone, cake

Tea/coffee



Venue

Sunlite café

Cawane centre

Visit Shelley at the café

or contact Shelley

[coordinator@lmib.org.uk](mailto:coordinator@lmib.org.uk)

01786 475459 before 2.30



# YOUTH CLUBS

START BACK ON  
30 SEPT 2019

## **Cornton Community Centre**

Mon P6-P7 6:15-7:45pm  
Mon S1+ 8:00-9:30pm

## **Raploch Community Campus**

Mon S1+ 7:00-8:30pm  
Wed P6 6:15-7:30pm  
Wed P7 7:45-9:00pm

## **Hillpark Community Centre**

Tues P6-S1 6:15-7:45pm  
Tues S2-S5 8:00-9:30pm

## **Cowie St Margarets Primary School**

Tues P6-7 6:15-7:45pm  
Tues S1-S4 8:00-9:30pm

## **Fallin- Alpha Centre**

Wed P7+ 7:00-8:30pm

## **Plean - Balfour Centre**

Wed P6-7 6:15-7:45pm  
Wed S1+ 8:00-9:30pm

## **YT Club - Borestone Primary**

Mon S1+ 7:15-8:30pm  
Fri P6-7 6:30-7:45pm

## **Triangle Project**

**LGBT Youth Scotland**  
**Raploch Youth Space**  
Thursday 6:00-8:00pm  
13-25 years

## **Detached (StreetWorX) Project**

**Various areas throughout Stirling**  
Friday & Saturday  
6:30-8:30pm  
(30 Aug - 14 Dec)

## **Friday Night Football**

### **Stirling High School**

Back February 2020

## **Twilight Basketball, Raploch Community Campus**

Friday 7:30-9:15pm  
11+ years  
(7 Sep - 13 Dec)  
off 19 & 26 Oct

## **City Music Project Tolbooth**

Friday 7:00-9:00pm  
11+ years  
(27 Sept - 29 Nov)  
off October school week

## **Rural Music Project**

Dates to be confirmed  
12+ years

Unless otherwise stated programmes start week beginning 30 Sep 2019 and finish on 13 Dec 2019. No groups will be running on week beginning 25 Nov 2019 due to trip to panto.

For more info contact the Youth Participation Team on 01786 233562 or email [SPandYP@stirling.gov.uk](mailto:SPandYP@stirling.gov.uk) or [www.young.scot/stirling](http://www.young.scot/stirling)

